

## **The People's Wellness Project - Garysburg Community Offered Wellness and Educational Services in Northampton County with Funding from GlaxoSmithKline Foundation**

**Funding Source:** GlaxoSmithKline Foundation

**Period of Funding:** October 2009 – June 2011

The Gregory B. Davis Foundation (GBDF) in partnership with the Town of Garysburg, North Carolina was awarded a Ribbon of Hope Grant by the GlaxoSmithKline Foundation in 2009. Through this grant the "People's Wellness Project" offered "drop-in" health services as well as Community Health Forums to residents in the Town of Garysburg and other surrounding areas in Northampton County.

### **Key Services and Outcomes:**

- **Every third Saturday volunteer doctors, dentists, nurses, nutritionists and adult and youth volunteers convened** at a central location in **Garysburg, Seaboard, Jackson and Gaston, North Carolina** to offer free, drop-in medical assessments and advice to residents of Garysburg and surrounding communities.
- **Reach the goal of** offering more free health screenings and better health education to more people by serving over 450 people,
- **Conducted Community Health Forums and Special Clinics** focusing on health area such as breast cancer, prostate cancer, and cervical cancer.
- **Improved short- and long-term health outcomes** through early disease detection and treatment, along with education about prevention and healthy lifestyles and behavior.
- **Exposed youth volunteers to various health careers** through their participation in this community effort including a field visit to the University of North Carolina Gillings School of Global Health and the School of Allied Health in Chapel Hill, NC.

### **Key Partners and Medical, Adult and Youth Volunteers:**

Key partners and volunteers on this project included:

- Town of Garysburg
- Town of Gaston
- Town of Seaboard
- Garysburg Volunteer Fire Department
- Garysburg Volunteer Police Department
- Northampton County Health Department
- Northampton County Extension Services
- Northampton County Office on Aging
- Northampton County Department of Social Services
- Northampton County Schools
- Halifax County Health Department
- Halifax Community College
- Halifax Regional Medical Center
- The Rural Health Group
- Northampton County High School West
- Mudcastle Family Development Center
- Bethlehem Baptist Church
- Cool Spring Baptist Church
- Chapel Grove Baptist Church
- Oak Grove Baptist Church
- Roanoke Chapel Missionary Baptist Church
- Roanoke Chowan Medical Center
- 18 Local Physicians, 4 Nutritionists, 12 Laboratory Staff
- 50 Adult Volunteers
- 20 Youth Volunteers